



Newsletter

Issue No. 180329

Thursday 29th March 2018

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Soon@CCS

Good Friday	30/3
Easter Monday	2/4
Tumble Monkeys	4/4
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Primary Assembly	5/4

Love Has A Name



Our school community celebrated the love of God and community we have through Jesus Christ in our Easter Assembly.

The community enjoyed Term highlights and our school sausage sizzle. We hope that you enjoy a Happy and safe Easter.



Calendar & Notices

MARCH

30.3.18 Good Friday - No school

APRIL

2.4.18 Easter Monday - No School
4.4.18 Tumble Monkeys
4.4.18 INNOVA - Skill Development/ Functional
Movement Information Night
5.4.18 Primary Assembly 2:10pm MPC
9.4.18 Bill Turner Cup Boys - Round 2 at CCS
11.4.18 State Touch Football
11.4.18 Tumble Monkeys
13.4.18 End of Term

MAY

1.5.18 **TERM 2 Commences**
4.5.18 School Cross Country
8.5.18 Yr 7 2019 Information Evening
31.5.18 Kindy 2019 Information Dinner



For all events please see school webpage calendar:
<http://ccs.nsw.edu.au/events/> Or find calendar and
events using the School APP.

CANTEEN

2018 Term Dates

Term 1: Tues 30 Jan - Fri 13 April

Term 2: Tues 1 May - Fri 6 July

Term 3: Tues 24 July - Fri 28 Sept

Term 4: Tues 16 Oct - Wed 12 Dec

6.4.18 - Regular Canteen

Helpers: TBA

Cooking: TBA

13.4.18

Helpers: TBA

Cooking: TBA

Chicken Pox Notification

We have had a recent case of Chicken Pox in the Primary school. Fully vaccinated children will have received vaccination for this, but it is still possible that the illness will spread. If your child has symptoms please contact your family GP.

**Uniform Shop
Opening Hours**
Monday 8am-11am
Wednesday 1pm-4pm
(during Term)

Principal's Message

Courageous

Last Newsletter I wrote about the importance of teaching students to focus on the tasks at hand to improve their learning. Today I would like to address the need for students to be courageous. Being courageous is difficult in society today. As communication has improved, we as parents are much more aware of the evils of the world than parents were when I was going up. When I was six, I would run off to play in the bush for hours on end with my brothers. My parents were probably quite naïve about what we got up to, some of our shenanigans were unsafe, and so it is a good thing that parents are more concerned about their children's activities and understandable that we put tighter boundaries on our children, but at the same time we have lost something. One of the things we have lost is courage.

In a learning environment, courage is the willingness to have a go at learning something new, without concerning ourselves with failure or judgment. It is the taking of healthy risks. I say healthy risks because there are risks which students can take which are unhealthy, but this is not the time to address those. At Casino Christian School we are actively promoting a classroom environment where it is okay to attempt something new, and it is okay not to get it right. I read the biography of Tim Cahill, the most prolific goal scorer of any Australian soccer player. He writes that he was not the best at soccer when he was growing up, but he worked hard at it and did not fear what other people might say of him, to become a better player. We want our students to try new things. That may involve learning new skills at soccer, but it also might be attempting to read out loud in front of others, or delivering a power point presentation to the class, or answering a question in class. Every person has things we do well and things we don't do well. Let us be courageous in our learning. Can I encourage you as parents, to model this sort of behaviour to your children? Show them at home that you are willing to learn something new and show them that it is okay not to be skilled at everything. The modelling that we do as parents has a profound impact on how our children choose to operate.

Graeme Jolliffe
Principal

Bus Interchange

Our practice up to this point has been that we have provided bus supervision at the interchange in Casino before school. This is a historical supervision which was initiated when the school was smaller and we could have 60 students waiting for two buses at Graham Place. As bus routes have changed and the location of the bus interchange has changed we now have approximately five students waiting for the bus which is no different to students waiting for buses at many bus stops, all along the bus routes. It is therefore no longer necessary to have a teacher supervise the students and so from the beginning of Term 2, bus supervision at the Casino interchange before school will no longer be provided.



Presbyterian Church Easter Service Times

Casino - Good Friday 9:30am
- Easter Sunday 9:30am

Southern Cross(Lismore) - Good Friday 9am
- Easter Sunday 9:45am & 6pm

Southern Cross (Goonellabah) - Good Friday 9am
- Easter Sunday 9am

Easter

He is Risen

What does Easter mean to me?

At Easter we remember the great events which form the cornerstone of our faith. Jesus, God the Son, came to earth, lived a perfect, sinless life. He showed love, compassion and power everyday walking among us teaching, healing, and discipling all those who came to him.

At Easter, we remember His tremendous, self-less sacrifice. Jesus allowed himself to be cruelly tortured and nailed on a Roman cross. He bled, died and was buried. He did this for us, to pay our debt before God.

But this wasn't the end of the Easter story. Jesus rose again. He walked out of the grave and was seen by many. This proved that Jesus has power to conquer death, evil and sin.

But what does this mean for me – personally?

Firstly, it means that Jesus has authority and power to forgive my sins, to deal with my failures and to make me one of His children. This is the wonderful, beautiful Gospel.

Secondly, it means that I have His power and authority to live a new life. As a follower of Christ, a Christian, I have a new purpose, a new family, a new guide to my life.

As a Christian, Easter is a time to re-centre my gaze on my Saviour, to delight in His grace, and to remember that He pulls me up from all my inadequacies, failures and difficult circumstances. His resurrection power means I can live a life of peace, joy, forgiveness and love.

I sincerely hope that you believe the Gospel of Jesus, that you accept Jesus as your personal Saviour and claim His sacrifice as the means of grace and forgiveness with God. I hope that if you have already accepted Jesus as your personal Saviour, that you can reclaim Jesus' power to live a life that honours the sacrifice and love of Jesus.

Rejoicing in the Saviour

Carolyn Coulter



Bill Turner Cup



Our Bill Turner Cup Boys Soccer Team (Under 15s) competed in their first round match versus Summerland Christian College this week at the CCS school grounds. The team played some excellent football and finished the game with a 3-2 win. Congratulations to the boys. They will progress to the next round on the 9th April when they played against Casino High School. Please come along and support the team. It will be played at our school grounds.



Yr 1/2



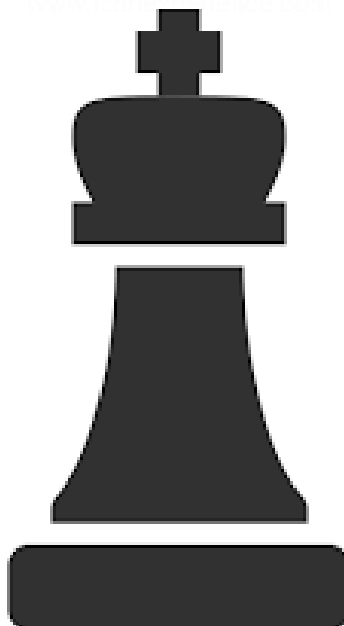
Blossum Possum.

The trotted and strutted and
marched and bounced and shuffled
and danced off down the track.
round the back of beyond,
up the hill and past
the black stamp



Year 1/2 have been learning about animals and life cycles. They have made a beautiful array of craft animals including fish, birds and clay lizards. They also have been writing about animals. Come to the Year 1/2 classroom to check out their amazing art and work.

Chess Tournament



CCS Chess Club Students took part in the Northern Rivers Inter-School Chess Tournament at Woodlawn College last week. About 150 students took part.

Primary Maker Space

Week 10 Makerspace announcement

To finish off the Term in Makerspace we have plastic Easter eggs. What could you make at school with these? There is one restriction, the plastic Easter egg cannot be used as an egg of any kind in your project. Forms have been given out in class today (Thursday). Write out your proposal, get your teacher's recommendation on Tuesday morning and give it to Mrs Lili by Tuesday lunch time. If you will not be at school on Tuesday, then Wednesday morning will be fine this time.

Selected groups of students will be given supervised time for "making" feasible projects in our MakerSpace on Tuesday and Wednesday afternoons in Week 10. Projects will be shown at the Primary Assembly on Thursday.



Makerspace photos: Students enjoyed using the Makey Makey to make mini drums, and are finding the Primary 3-D printer fascinating.

Puppets photos: Year 5 and 6 students have been learning about different puppet forms in Drama and have been designing and making their own puppets.



Kindergarten

2019 Information Night

Dinner



Thursday 31st May
6:00pm

- A night for Information and Community
- Learn about our Transition to School Program
- Understand our Holistic approach to Education
 - Explore the Benefits of K-12 Schooling

RSVP: Monday 28th May

COST: Free



2019 ENROLMENTS NOW OPEN



School Notices

Payments without References Attention Parents

On the **26th March** a fee payment and another transaction, was made via Netbanking **without any reference**.

We cannot attribute payments to accounts without a reference. If you made a payment on this day please contact the bursar on bursar@ccs.nsw.edu.au or call the office on 6662 5599.



Do you have old stockings at home?

Kindy students are planning to use stockings to grow sprouts to make a face.

Please bring any contributions to the front office or to the Kindy Classroom



ArtClub Term 2 Bookings

ArtClub has been very successful this Term. Artclub members have had a great time developing their artmaking skills and deepening their understanding of visual concepts in a fun, relaxed studio environment.

Our theme has been 'Landscapes' and we have investigated different ways of representing different places and spaces.

ArtClub will return next Term and our new theme will be 'Pets' and in addition to drawing and painting we will be branching out into three dimensional work, including clay.

Enrolments for ArtClub are on a Term basis. So if you are interested in joining or rejoining for Term 2, please contact the office to register.



INNOVA Performance



SKILLS DEVELOPMENT, PERFORMANCE ANALYSIS & TRAINING

MOVEMENT ASSESSMENT AND EXERCISE
PROGRAM FOR PEAK PERFORMANCE ON SKILLS

Programs:

Football (Soccer) Skills Development Program

Learn the mechanism of the most efficient football dribbles with a simple and dynamic approach, respecting the children's development process. Weekly sessions during school hours, in the MPC. Open to students from Years 2-12.

General Speed, Agility Development Program

Targeting strength, conditioning, running biomechanics. Speed and agility training will use cutting edge strategies and drills to increase your acceleration, top speed and change of direction. Weekly sessions during school hours, in the MPC. Open to students from Year 2-12

The Innova Performance Program

Functional Movement Analysis and Correction

Analysis of functional movement issues, injury assessment, pain assessment and individually tailored management plans. This program runs over 14 weeks in weekly sessions. This is open to students aged 12 years and over and parents. Detailed information on the next page.

www.innovaperformance.com

How does it work?

The Innova Performance Program

Step 1. INNOVA Assessment + Report

Innova performs a detailed Functional Movement Analysis and key data regarding your movement quality is collected, enabling our clinicians to select the best possible approach. A report is instantly generated and will form the basis of your specific exercise prescription and direct you to either our FOUNDATION or PERFORMANCE program.

Step 2. Specialised Exercise Prescription

You will be provided with a specialised exercise prescription based on the data provided from your movement analysis. Your individualised exercise prescription will be designed to overcome imbalances of individual muscles in the most efficient manner possible. We use the science behind muscle and tissue mechanics to ensure that the exercises are stimulating the muscles effectively enabling the appropriate response. This in turn leads to increased performance.

Step 3. 12-week Exercise Program with Daily Online Monitoring

Through our Physiapp program, we are able to provide you with your individualised exercise prescription wherever you are. With the benefit of the clear video instruction, you will be able to ensure that you are completing the exercises correctly. There is an additional in-app messaging feature which means that you can contact us during your session and receive feedback without the additional cost of having a trainer there with you.

Step 4. INNOVA Re-Assessment + Report

Once you finish your 12-week program, our team will meet with you once more for a re-assessment. This new data is compared to your initial assessment providing you with feedback on your progress. You will be able to quantify your improvements, no longer are you reliant on subjective assessments, this is hard evidence of your progress. A new report is instantly generated and you will receive a detailed and thorough overview of your functional status improvements over the course of the program. It is this specialised report that will inform your next step in improving your health and your athletic performance.