



# CCS NEWS

CASINO CHRISTIAN SCHOOL NEWSLETTER

2020  
FEBRUARY  

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19

## *Upcoming Events:*

**February:**

21 Primary Swimming Carnival

24 Photography Excursion

27 PASS Excursion at school

**March**

2 Senior Swimming Carnival



# Thursday Rain Event

Thank you everybody for your patience over the rain event last Thursday. The water that fell in North Casino was quite significant. Fortunately, we have a school on high ground which means it is easy to keep students safe and well, which was our highest priority on the day. The only real issue is the culvert being cut with rising water. History shows that the water rises quickly but also drains quickly making it passable later in the day.

We are thankful for the rain we have had, bringing so much relief to our community. We are also thankful for the sun that came on Friday despite weather forecasts. We trust that the students enjoyed the extra day at home.

We acknowledge that our communications could have been better on Thursday and we have been reviewing our Heavy Rain Event procedures to ensure that, in future, communication is clear, timely and managed in a more helpful way.

Kind regards,

**Mr Jolliffe**







CASINO CHRISTIAN SCHOOL  
INVITES YOU TO OUR

KINDERGARTEN 2021  
**INFORMATION NIGHT**

*Nurturing Growing Minds*

17 MARCH 2020  
6:30 - 7:30 PM

93 MANIFOLD RD  
NORTH CASINO

[www.ccs.nsw.edu.au](http://www.ccs.nsw.edu.au) | [admin@ccs.nsw.edu.au](mailto:admin@ccs.nsw.edu.au) | 6662 5599





CASINO CHRISTIAN SCHOOL  
INVITES YOU TO OUR

YEAR 7 2021

# INFORMATION NIGHT

*Building resilient, self-motivated learners*

19 MARCH 2020

6:30 - 7:30 PM

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# Give your child a Breakfast Boost!

A recent report from the Australian Bureau of Statistics found that about 1 in 7 Aussie children are skipping breakfast, although some research suggests these rates may be even higher.

Eating breakfast is very important for school aged children, as students that regularly eat breakfast have:

- Improved classroom behaviour

- Are better able to socialise

- Improved test results (Maths, English and Science in particular)

- Better memory and concentration (reduces the “brain fuzz” that many people that skip breakfast feel)

Breakfast gives children an opportunity to refuel and eat what they need for the day ahead. When it comes to breakfast foods some are better than others, especially those that take us longer to digest (low glycaemic index (GI) foods) as they improve concentration for a longer period of time. Some great ideas to base breakfasts around include grainy breads, wholegrain cereals, fruit and milk or yoghurt. You can even try some of these recipes – they store or freeze well and can be eaten on the run.

[Breakfast Boats](#)

[Muesli Breakfast Muffins](#)

[Savoury Muesli](#)

[Savoury Breakfast Muffins](#)





Don't forget - Active Kids Rebate vouchers are available **twice per year** for children aged 4.5-18 years for sports registration fees. They can be used to subsidise registration costs by up to \$100.

To activate your voucher, head to the Service NSW website to complete the application -

<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>



ALSO - Creative Kid's Vouchers are available **once per year** for children aged 4.5-18 years for creative / cultural activities. To activate your voucher, head to the Service NSW website to complete the application -

<https://www.service.nsw.gov.au/transaction/apply-creative-kids-voucher>





## SENIOR CAMP MEMORIES 2020





## Make a Scene: Youth Film-Making Program

Casino Youth Service, in conjunction with Reel Abrupt Film festival, invites you to join our free weekly film-making program.

This program offers the opportunity to unleash your creative monster by introducing the arts of screenwriting and filmmaking.

Films will be screened at Casino's Youth Week event 2020.

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**When:** Commences Thursday 13th February 2020.  
Every Thursday for 10 weeks.  
3:30pm - 5:30 pm

**Where:** The Oak Centre, 26-28 Oak Avenue, Casino.

**Who:** 12-24 year old young creatives living in Richmond Valley.

Afternoon tea and transport home will be provided.

For more information call Annika 6662 2898 or drop into reception and grab a registration form. Spaces are limited so be quick to register your interest.



**REELABRUPT**  
FILM FESTIVAL



This event is supported by funding from North Coast Primary Health Network through the Australian Government's PHN Program.



## Helping Learner drivers Become Safer Drivers workshops - Lismore area 2020

The “Helping Learner Drivers Become Safer Drivers” workshops are scheduled to be delivered in:

- Lismore on 6 April from 6:00pm
- Evans Head on 16 March from 6:00pm
- Casino on 17 March from 6:00pm
- Kyogle on 18 March from 6:00pm
- Ballina on 7 April from 6:00pm

For more information or to make a booking, please contact Joblink Plus on 02 6764 6623 or email [roadsafety@joblinkplus.com.au](mailto:roadsafety@joblinkplus.com.au)

